

		Binômes	Séances			
			A1	A2	A3	A4
TP 1A Lundi 8h-11h Semaine A RH126	T1_A_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T1_A_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T1_A_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T1_A_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T1_A_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T1_A_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			B1	B2	B3	B4
TP 1B Lundi 8h-11h SemBine B RH126	T1_B_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T1_B_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T1_B_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T1_B_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T1_B_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T1_B_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			A1	A2	A3	A4
TP 2A Lundi 13h-16h Semaine A RH126	T2_A_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T2_A_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T2_A_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T2_A_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T2_A_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T2_A_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			B1	B2	B3	B4
TP 2B Lundi 13h-16h Semaine B RH126	T2_B_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T2_B_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T2_B_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T2_B_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T2_B_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T2_B_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			A1	A2	A3	A4
TP 3A Mardi 8h-11h Semaine A RH126	T3_A_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T3_A_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T3_A_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T3_A_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T3_A_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T3_A_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			B1	B2	B3	B4
TP 3B Mardi 08h-11h Semaine B RH126	T3_B_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T3_B_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T3_B_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T3_B_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T3_B_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T3_B_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			A1	A2	A3	A4
TP 4A Mardi 13h-16h Semaine A RH126	T4_A_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T4_A_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T4_A_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T4_A_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T4_A_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T4_A_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			B1	B2	B3	B4
TP 4B Mardi 13h-16h Semaine B RH126	T4_B_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T4_B_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T4_B_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T4_B_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T4_B_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T4_B_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			A1	A2	A3	A4
TP 5A Mercredi 8h-11h Semaine A RH126	T5_A_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T5_A_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T5_A_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T5_A_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T5_A_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T5_A_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			B1	B2	B3	B4
TP 5B Mercredi 8h-11h Semaine B RH126	T5_B_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T5_B_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T5_B_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T5_B_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T5_B_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T5_B_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			A1	A2	A3	A4
TP 6A Mercredi 13h-16h Semaine A RH126	T6_A_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T6_A_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T6_A_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T6_A_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T6_A_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T6_A_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			B1	B2	B3	B4
TP 6B Mercredi 13h-16h Semaine B RH126	T6_B_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T6_B_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T6_B_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T6_B_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T6_B_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T6_B_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			A1	A2	A3	A4
TP 7A Jeudi 13h-16h Semaine A RH126	T7_A_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T7_A_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T7_A_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T7_A_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T7_A_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T7_A_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			B1	B2	B3	B4
TP 7B Jeudi 13h-16h Semaine B RH126	T7_B_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T7_B_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T7_B_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T7_B_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T7_B_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T7_B_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			A1	A2	A3	A4
TP 8A Vendredi 13h-16h Semaine A RH126	T8_A_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T8_A_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T8_A_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T8_A_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T8_A_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T8_A_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	

		Binômes	Séances			
			B1	B2	B3	B4
TP 8B Vendredi 13h-16h Semaine B RH126	T8_B_Binôme_1	Flambage	Enveloppe mince	Flexion III	Flexion I	
	T8_B_Binôme_2	Enveloppe mince	Flexion III	Torsion	Flambage	
	T8_B_Binôme_3	Concentration de contrainte	Flexion I	Flambage	Torsion	
	T8_B_Binôme_4	Flexion III	Torsion	Concentration de contrainte	Flexion IV	
	T8_B_Binôme_5	Flexion I	Concentration de contrainte	Enveloppe mince	Flexion III	
	T8_B_Binôme_6	Torsion	Flambage	Flexion IV	Enveloppe mince	